

# Saint Bridget High School Youth Ministry

2024-2025

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## The Ministry of Catechesis

*Quite early on, the name catechesis was given to the totality of the Church's efforts to make disciples, to help people believe that Jesus is the Son of God so that believing they might have life in his name, and to educate and instruct them in this life, thus building up the Body of Christ (Catechism of the Catholic Church no. 4).*

The ministry of catechesis helps adolescents *develop* a deeper relationship with Jesus Christ and the Christian community, and *increase* their knowledge of the core content of the Catholic faith. The ministry of Catechesis also helps young people *enrich* and *expand* their understanding of the Scriptures and the sacred tradition and their application to life today, and *live* more faithfully as disciples of Jesus Christ in their daily lives, especially through a life of prayer, justice, and loving service. Genuine faith is a total response of the whole person—mind, heart, and will. The ministry of catechesis fosters growth in Catholic faith in all three dimensions—trusting (heart), knowing and believing (mind), and doing (will). The goal should be to have all Catholic youth involved in some program of catechesis. (USCCB)

St. Bridget High School Youth Ministry is based on four foundational pillars: **Community, Word, Worship and Service**. **Community** refers to the experience of fellowship and fun our youth have when they come together as a group. **Word** is the knowledge aspect of our faith, learning what we believe so we may better apply it to our lives, sharing the life-giving truth of the Gospel in a small group-based model. **Worship** is what is due to God and the avenue in which we meet freedom. We come to freely be ourselves in the presence and worship of God. **Service** is the response, the sending.

By coming together under the banner of his name regularly, we discover the riches of the faith to be ours. We joyfully worship Him who made us, sustains us and sends us out to others: to announce the Gospel and proclaim the kingdom, by our words and by our actions, transformed in the fire of his Sacred Love.

POC: Youth Minister, Patrick Stearman, [pstearman@saintbridgetchurch.org](mailto:pstearman@saintbridgetchurch.org)

## High School Youth Ministry Schedule

**FIRST FRIDAYS:** On the **first Friday of every month** (unless specified otherwise) High School youth gather for a social event/outing.

**DAILY BREAD Tuesdays:** Following weekly parish-wide Adoration and Confession, High School youth will gather in Church Hall at the Church to learn and grow deeper in our relationship with God. We meet in a non-classroom format that is both engaging and relevant to High School youth. Curriculum, resources for study will be discussed and decided by and with youth (e.g. Theology of the Body, Lives of the Saints, etc.) Regular reference made to Scripture and Catechism of the Catholic Church (**2<sup>nd</sup> and 3<sup>rd</sup> Tuesdays of**

**every month, 6:45 pm – 8pm).**

10th – DAILY BREAD

### September

17th – DAILY BREAD

1st – No Gathering

12/22 – 12/29 – Christmas Break

6th – First Friday

### January

8<sup>th</sup> – Parent Orientation + Interested Youth  
(12:30 pm -1:15 pm)

3rd – No First Friday

14th – DAILY BREAD

○ *Refreshments will be provided*

21st – DAILY BREAD

15th – 75<sup>th</sup> Anniversary Parish Picnic

### February

17th – DAILY BREAD

7th–9th - **Diocesan Youth Conference!**

24nd – DAILY BREAD

11th – DAILY BREAD

### October

18th – DAILY BREAD

4st – First Friday

### March

8th – DAILY BREAD

7th– First Fridays

15th – DAILY BREAD

11th – DAILY BREAD

### November

16th – Church Hill Irish Festival

1st– PARENT AND YOUTH ALL SAINTS  
EVENT

18th – DAILY BREAD

12th –DAILY BREAD

### April

19th – DAILY BREAD

4th – FIRST FRIDAYS

### December

8th – DAILY BREAD

6th – ADVENT PRAYER SERVICE

15th – DAILY BREAD